

Types of scrotal procedures

Epididymal cyst removal - an operation to remove the cysts from the epididymis

Hydrocelectomy - an operation to release fluid around the testis

Lesion removal - an operation to remove any abnormalities in the skin tissue

Why do I need a scrotal procedure?

- If the affected area is large enough to be causing pain or discomfort
- If the affected area is large enough to be a nuisance or look unsightly
- Interferes with sexual activities

What does the procedure involve?

Our procedures are performed under a local anaesthetic. The procedure usually takes 45 mins to 1 hour. Open wounds are closed together using dissolving stitches. You will be able to go home as soon as you feel fit enough to do so. You may be given a short course of anti-biotics (Augmentin or Penicillin). Please inform us if you are allergic to Penicillin.

On the day of your procedure, please shave your scrotal area and stop eating and drinking one hour prior to your appointment.

You will need to bring a pair of tight briefs to put on before you go home, as these reduce post-operative bruising and pain.

If you experience extreme pain or bleeding within 24 hours of the procedure, please contact the LSUS office during office hours of 9am to 5pm on Tel: 01903 503447.

If outside office hours, please contact your Emergency GP for advice.

What complications can I experience?

1. General complications of any procedure

- Pain
- Bleeding
- Difficulty passing urine

2. Specific complications of penile procedures

- Infection in the wound
- Reduced fertility if the procedure is to treat an epididymal cyst.

Aftercare

- You may eat and drink soon after the procedure. There will be some dissolvable stitches and a dressing. You will be able to pass urine with this on.
- You can remove the dressing after 24 hours. You must keep the area dry for 48 hours. You can shower after 48 hours and bath after 72 hours. You can have sexual intercourse after a few days, or when you feel comfortable enough.
- You may experience soreness and discomfort after the procedure. Minor bruising of the scrotum can occur and your testicles may ache for the first few days. These can be eased by taking simple painkillers (Ibuprofen plus minor Paracetamol) for 1-2 days.
- The testis feels quite firm for maybe 6-8 weeks afterwards before it softens up.
- If pain, discomfort or oozing persists after 72 hours, we would recommend a saline bath (salt water) or submerging the area in diluted Savlon (Savlon with water, you can purchase Savlon at your local chemist, drugstore or supermarket) to alleviate the pain and promote healing.
- In the event you have any concerns about the length of the healing process or suspecting infection, we would recommend you arrange an appointment with your GP who can assess if anti-biotics are required.
- If your procedure was an Epididymal cyst removal or Hydrocelectomy you will require 2 weeks off work. If your procedure was a Lesion removal you should be able to return to normal activity after 2-3 days. Please speak to your GP if you require signing off from work during your recovery period.